

Summary...

Colorectal cancer is the second most common cancer among women and third among men in Italy (AIOM, 2020)*. It is important to repeat the fecal occult blood test regularly every two years from the age of 50. All invited persons will be called back to repeat the test after two years. You should contact your doctor if you experience symptoms, such as persistent changes in bowel habits, the presence of clearly visible blood in the feces, persistent rectal discomfort after evacuation, alternation of diarrhea and constipation.. If you haven't received an invitation from your local health authority or have never joined the program, call the toll-free hotline number of the local health centers to ask for an appointment; foreign or EU citizens with an STP or ENI card can also book an appointment.

All personal data collected are subject to the rules on confidentiality and data protection. For those who need it, the day of the test a certificate can be issued to justify the absence from work. For more information or to make an appointment call the toll-free hotline number of your local health authority.

*AIOM 2020



ASL	Screening	Numero Verde	Orari
Roma 1	Mammella Cervice Colon Retto	800 536 693	da Lun a Ven 8:00-17:00
Roma 2	Mammella Cervice Colon Retto	800 405 051	da Lun a Ven 8:00-18:00
Roma 3	Mammella Cervice Colon Retto	800 634 634	da Lun a Ven 8:30-17:00
Roma 4	Mammella Cervice Colon Retto	800 539 762	da Lun a Ven 9:00-13:00
Roma 5	Mammella Cervice Colon Retto	800 894 549	da Lun a Ven 9:00-13:00 e 14:00-17:00
Roma 6	Mammella e Colon Retto	800 430 264	da Lun a Ven 15:00-19:00
	Cervice	800 160 622	
Viterbo	Mammella Cervice Colon Retto	800 840 359	da Lun a Ven 9:00-13:00
Rieti	Mammella Cervice Colon Retto	800 646 999	da Lun a Ven 9:00-13:00
Latina	Mammella Cervice Colon Retto	800 065 560	da Lun a Ven 9:00-13:00 da Lun a Gio 15:00-17:00
Frosinone	Mammella Cervice Colon Retto	800 003 422	da Lun a Ven 9:30-13:30

Per prenotare gli esami di
screening scansionare il QR code
prenotascreening.regione.lazio.it



Traduzione in Inglese curata da
Medici Senza Frontiere nell'ambito
del protocollo d'intesa con la
Asl Roma 2.

www.salutelazio.it

SCREENING COLON RETTO

LA PREVENZIONE E' TASCABILE

IL TEST PUOI FARLO A CASA TUA



SCREENING PROGRAM FOR COLORECTAL CANCER

FREE FOR MEN AND WOMEN AGES
50 TO 74 YEARS



Why do you receive an invitation from your local health authority?

To remind men and women aged 50 to 74 that early diagnosis of Colorectal Cancer is possible, through the regular screening test for the detection of occult (invisible) blood in the feces every two years, an effective way for the prevention and early diagnosis of bowel cancer.

The objective is to remove any polyps that may be present at an early stage before they cause any ailment. In this way, the intervention is less aggressive, and the treatment is more successful. Polyps are small growths on the inner lining of the colon or rectum that could slowly evolve into cancer. Since they can bleed in an invisible way, the Fecal Occult Blood Test can reveal them.

The Screening Program is offered free of charge, starting from FOBT (Fecal Occult Blood Test) to other examinations needed, and including the treatment, if necessary. If you have never received an invitation from your local health authorities or you haven't joined the program, you can call the toll-free hotline number of your local health centers to ask for an appointment.

What is the fecal occult blood test (FOBT)?

It is a specialized laboratory test, from a single sample, that allows to detect even very small traces of blood not apparently visible. If this blood was to come from

polyps or adenomas, a subsequent colonoscopy will allow for prompt removal. A local health assistant will give you a little bag containing a specimen container with instructions. Remove the container from the bag and collect a small sample of your stool. Put it in the container, close it and put it back in the bag. Store it in the refrigerator.

You need to hand back the specimen container to the local health centre within 3 days after collection. The specimen container can also be collected and returned in many pharmacies.

After taking the test?

If the test result is normal (no blood detected), the Screening Center will send a communication of the negative result directly at your home through a letter, and after two years they will send a new invitation to repeat the test.

Out of 100 people who take the test, 5 or 6 may test positive for the presence of blood in the stool for different causes (example fissures, diverticulitis, etc.). It is very important yet to check if the blood comes from any polyps.

If the test result is positive, the Screening Center will contact the person by telephone to invite them to undergo a colonoscopy, still free of charge, at a referral hospital (it can be carried out under sedation by request of the patient). Any further examination and successive treatments, if necessary, are still booked and provided directly and free of charge by the local health authority.

Can I be confident?

The FOBT (Fecal Occult Blood Test) is a highly sensitive immunochemical test that uses specific antibodies to detect human blood (anti-globulin antibodies) to indicate colon bleeding. This test allows you to collect a single stool specimen sample and not three samples as required in other tests. It is not necessary to follow any special diet.

The centres for analysis of the FOBT, present in analysis laboratories, conduct at least 60,000 fecal samples screenings each year. All procedures must follow national and European guidelines and are subjected to quality controls.

